Co-Teaching with a Growth Mindset

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CLEARING A PATH
FOR PEOPLE WITH SPECIAL NEEDS
CLEAR THE PATH FOR EVERYONE!
That’s Me!

I am:
• a principal
• a classroom teacher
• a Husky’s fan
• a parent
• an elementary educator
• a secondary educator
• a Cougar’s fan
• a special educator
• a general educator
• excited to be here
Building a Growth Mindset to Enhance Inclusive Practices

“Growth Mindset is the belief that one’s abilities, qualities and intelligence can be developed, while a fixed mindset believes that intelligences and ones’ qualities are unchangeable”.

Carol Dweck, 2016
# The Power of Mindset

<table>
<thead>
<tr>
<th>FIXED</th>
<th>GROWTH</th>
</tr>
</thead>
<tbody>
<tr>
<td>Success comes from being smart</td>
<td>Success comes from effort</td>
</tr>
<tr>
<td>Genetics &amp; environment determine what we can do</td>
<td>With hard work, most students can do most things</td>
</tr>
<tr>
<td>Some students are smart and some are not</td>
<td>A teacher’s role is to set high goals, provide strong support &amp; make school work for students</td>
</tr>
<tr>
<td>Teacher’s cannot override a student’s profile</td>
<td>Teachers can override a student’s profile</td>
</tr>
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</table>
Inclusion isn’t something we should have to make a case for. We shouldn’t have to convince other people of the value of belonging.
Universal Design for Learning (UDL)

UDL is a research-based set of principles to guide the design of learning environments that are accessible and effective for all.

- Removing barriers
- HALO
- Embedded in ESSA
- CAST.org
“An inclusive school is a place where everyone belongs, is accepted, supports, and is supported by his or her peers and other members of the school community in the course of having his or her educational needs met.”

Stainback & Stainback
Successful Co-Teachers Possess A Growth Mindset
13 Ways to Develop a Growth Mindset

1. Accept opportunities that push you out of your comfort zone – challenges are chances.
2. You don’t know what you don’t know. Ask questions!
3. Appreciate obstacles – growth comes from struggle.
4. Mistakes are an important part of the process.
5. Skills are built, not born. They’re yours if you work for them.
6. Choose learning well over learning fast.
7. Reward efforts and actions, not traits. (Don’t praise intelligence, praise perseverance, effort, and improvement.)

Carol Dweck, 2017
13 Ways to Develop a Growth Mindset

8. Don’t be threatened by feedback and criticism – use it to support you in your learning instead.

9. Think of learning as “brain training”.

10. Always reflect on what you’ve learned.

11. Actively seek out new things. The more you do, the more you learn.

12. Just because you haven’t seen change, doesn’t mean you won’t. Stick at it.

13. Your brain has the ability to change throughout your life. Never stop!

Carol Dweck, 2017
Let's Enter the Growth Zone

Comforth Zone
- Feel safe and in control
- Be affected by others' opinions
- Extend your comfort zone

Fear Zone
- Find excuses
- Set new goals
- Conquer Objectives

Learning Zone
- Acquire new skills
- Live your dreams

Growth Zone
- Find purpose
- Set new goals
- Conquer Objectives

- Deal with challenges and problem
- Live your dreams
- Extend your comfort zone
Why Co-Teach?
Benefits of Co-Teaching

• Increased options for flexible grouping of students
• Enhanced collaboration skills for the teacher candidate and cooperating teacher
• Professional support for both the cooperating teacher and the teacher candidate
• Another set of eyes to watch and help problem solve
• Flexibility to try things you wouldn’t be as willing to do alone
• Support in classroom and lesson preparation
• Help with classroom management
• Diversity and size of today’s classrooms
  • Reduce student/teacher ratio
  • Increase instructional options for all students
  • Diversity of instructional styles
  • Greater student engaged time
  • Greater student participation levels

https://www.stcloudstate.edu/soe/coteaching/benefits.aspx
What to practice while developing a growth mindset

- Never Stop Growing
- Experiment and Innovate
- Ask Questions
- Be Flexible
- Learn New Technology
- Truly Listen
- Reflect, Reflect, Reflect

Jennifer Gunn, 2018
Co-Teaching
CO-TEACHING

When two or more educators **co-plan**, **co-instruct**, and **co-assess** a group of students with diverse needs in the same general education classroom.

(Murawski, 2003)
Defining Characteristics of Co-Teaching

Co-Teaching is...

✓ Shared responsibility for planning, delivering, & assessing instruction
✓ Active engagement
✓ Communication & trust
✓ Joint problem-solving
✓ Flexible grouping of students
✓ Joint evaluation of students' progress
✓ Ours

Co-Teaching is not...

✓ You plan – I’ll do
✓ Job Sharing or Turn Taking
✓ Go tell it in the Faculty Lounge
✓ I’ll tell the principal
✓ Bluebirds & Turkeys
✓ Parallel or Secret Systems
✓ Yours/Mine
## Unique Skills

<table>
<thead>
<tr>
<th>General Educator</th>
<th>Special Educator</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Curricula as defined by Frameworks</td>
<td>• Adapting instruction and materials</td>
</tr>
<tr>
<td>• Content specialization knowledge</td>
<td>• Knowledge of assessment</td>
</tr>
<tr>
<td>• Classroom management</td>
<td>• Individual behavior modification</td>
</tr>
</tbody>
</table>
“A central concept for co-teaching, but one that seems often to be overlooked, is that co-teaching is the vehicle through which students’ specialized services are delivered. Too often, co-teachers comment that their emphasis is one of the following instructional components. . . and co-teaching must be much more than these or it cannot be justified:

• General support for learning
• A strategy for differentiating
• Accommodations for students with disabilities.”

Marilyn Friend
CEC Convention and Expo 2016
Changing words to change mindset

**Fixed Mindset**
• I am not good at this

• I am not prepared to work with another teacher in my class

• I don’t know how to teach students with disabilities

• I am not comfortable with math/ELA content

**TO**

**Growth Mindset**
- I will keep practicing and work at doing my best

Elizabeth Stein, 2015
Two Goals

• Provide effective instruction to ALL students

• Build and maintain professional relationships
How can two teachers share instruction in the same classroom?
Stages of Team Collaboration

1. Forming
2. Storming
3. Norming
4. Performing (Anchoring)
Changing Words, Changing Mindset
Co-teaching with a Growth Mindset

Co-teaching Relationship

From: I **TO** We
From: My/Your **TO** Our

Elizabeth Stein, 2015
How can two teachers share instruction in the same classroom?
Whole Group Introduction on Opinion Writing

Teacher A

One Teach
One Support
Or
One Teach
One Observe

Observe & Assist

Teacher B

(Friend & Cook)

Co-Teaching Formats Page
Read Information Text on Cost of Green Technology

Teacher A

Watch Video on Recycling Center

Review Information Text on Environmental Benefits of Green Technology

Teacher B

Co-Teaching Formats
Teacher A

Present Individual Recycling Findings

PARALLEL TEACHING

Teacher B

Present Individual Recycling Findings

(Friend & Cook)
**Teacher A:**
Model/Discuss Processes To Track
Weekly/Monthly Recycling

**Teacher B:**
Recording Recycling Data into Graphs on Smart Board

*(Friend & Cook)*
Write Opinion Text to Support or Not Support Recycling

Teacher A

ALTERNATIVE TEACHING

Teacher B

Write Opinion Text Using Graphic Organizer

(Friend & Cook)
Most to Least Beneficial

- Station Teaching
- Parallel Teaching
- Alternative Teaching
- Team Teaching
- One Teach – One Support
Changing Words, Changing Mindset
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**Instructional Process**

<table>
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<tr>
<th>Fixed Mindset</th>
<th>Growth Mindset</th>
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<tr>
<td>• S/he let me teach the social studies lesson</td>
<td>• <strong>We each have a role in the instructional process.</strong> Let’s work off one another’s strengths.</td>
</tr>
<tr>
<td>• I will teach and you can walk around and help students as needed</td>
<td>• <strong>Which co-teaching models would amplify the learning for everyone?</strong></td>
</tr>
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</table>
Parity

Teacher A
• Takes attendance
• Provides instruction for the day’s lesson
• Explains how to complete long division problems
• Facilitates a Socratic Circle
• Talks with a student regarding their behavior

Teacher B
• Checks journal logs
Co-Planning
Changing Words, Changing Mindset
Co-teaching with a Growth Mindset

**Co-Planning**

From

Here’s what we’re doing today.

TO

*Here are my ideas for our lessons next week. What do you think?*

Elizabeth Stein, 2015
Components of a Co-Taught Lesson

- Framework Standard(s)
- Curricular Goal
- Assessment
- Co-Teaching Format(s)
- Instructional Strategy(s)
- Academic Accommodations
- Behavioral Accommodations
Changing Words, Changing Mindset
Co-teaching with a Growth Mindset

**Time Management**

From

We don’t have time for parallel because we must get to the content.

TO

*How can we weave the parallel format into the lesson as we teach the content?*

Adapted from Elizabeth Stein, 2015
Planning for Grades
Changing Words, Changing Mindset
Co-teaching with a Growth Mindset

**Assessment**

From

I’m giving them a test on Friday so we know what they learned.

**TO**

*How can we use class activities to guide each student to take charge of his/her learning? What methods can we use to monitor students’ learning along the way?*

Elizabeth Stein, 2015
8 Things Successful Co-Teachers Do

Co-Teachers who take risks together, grow together

1. Build Rapport
2. Use Inclusive Vocabulary
3. Communicate
4. Establish Parity
5. Know each other’s strengths and weaknesses
6. Take Risks
7. Be Flexible
8. Learn Together

Ashley Blackley, 2019
Think, Pair, Share

- With an elbow partner, discuss 1 “aha” you had during the presentation.

Be prepared to share out whole group

- With the same elbow partner, discuss 1 action you will take to promote co-teaching within your school/district.

Be prepared to share out whole group
Coming together is a beginning, staying together is progress, and working together is success.

Henry Ford
References

Blackley, A., 8 Things Successful Co-Teachers Do, April 5, 2019, Retrieved from https://www.weareteachers.com/co-teaching-tips/


Gunn, J., Building a Growth Mindset for Teacher, August 26, 2018, Retrieved from https://education.cu-portland.edu/blog/classroom-resources/growth-mindset-for-teachers/