As you settle in ...

Please go to **Rename**:
- Add your district/organization after your name.
- Add the type of shoe you have felt like this past few months:
  - Slipper
  - Sneaker
  - High heel
  - Army boot
A few words of welcome!

- Joel Aune, WASA Executive Director
- Tania May, OSPI Director of Special Education
- Mike Nelson, WASA Assistant Executive Director
Most well-known for his books *The Innovator’s Mindset* and *Innovate Inside the Box*, George Couros will:

- provide inspiration to help through these difficult times;
- help leaders center around core values; and,
- provide practical strategies for teaching, learning, and leading that can be applied in remote and in-person delivery models.

Register at [www.wasa-oly.org/Fall20](http://www.wasa-oly.org/Fall20)
As we get started ...

Materials can be found on the WASA website at

www.wasa-oly.org/SPEDAResources
Who is with us today?
Let’s light up the chat box

➤ Your district, association, organization, etc.
➤ Your title, role, or position
➤ Number of years as an educator
➤ Number of years (months???) in your current role
What did you notice?
Since we are such a large (and mighty) group, let’s move into breakout rooms ...

- Please introduce yourself to the others.
- Share the object or quote you brought that is meaningful to you as a leader.
- Based on the objects/quotes you shared, what is a commonality among you?
- Oh, what type of shoe did you say and why?
Purpose of the Academy

With support from OSPI, WASA developed this Academy to support those with administrative responsibilities in special education.
Today’s agenda

- Welcome and Introductions
- Leadership
- Self-care
- Emerging and/or Hot Topics
- Plan for the Year
Act, Think & Communicate - from the INSIDE OUT

WHY - your Purpose
Your motivation. What do you Believe?

HOW - your Process
Specific actions taken to realize your WHY.

WHAT - your Result
What do you do? The result of WHY. Proof.

WASA SPECIAL EDUCATION DIRECTOR ACADEMY
Act, Think & Communicate - from the INSIDE OUT

**WHY** - your Purpose
Your motivation. What do you Believe?

**HOW** - your Process
Specific actions taken to realize your WHY.

**WHAT** - your Result
What do you do? The result of WHY. Proof.
“Happiness comes from WHAT we do. Fulfillment comes from WHY we do it.”

Simon Sinek
From Find Your WHY
Leadership is not about titles or the corner office. It’s about the willingness to step up, put yourself out there, and lean into courage. The world is desperate for braver leaders. It’s time for all of us to step up.

Anyone who takes responsibility for finding the potential in people and processes and has the courage to develop that potential.
In her own words ... Dr. Brene’ Brown

Individual read and write:

https://knowted.co/the-four-skill-sets-for-daring-leadership-brought-to-you-by-brene-brown/
5 Lessons for the Workplace From Brene’ Brown’s Netflix Special

https://www.reflektive.com/blog/5-lessons-workplace-brene-browns-new-netflix-special/

In groups of 5 …

- Everyone read the introduction.
- Assign one of the 5 lessons to each one of you.
- Read over your part and determine the key point(s).
- Share the point(s) with each other.
- Most importantly, discuss how it relates to you in your leadership role.
2 questions:

- Who am I?
- Who am I with you?
A Day in the Life

“Though it is difficult to provide an hour-by-hour snapshot of a day in the life of a special education administrator, it is possible to list the types of tasks that such an administrator completes on a daily basis. Most directors and coordinators will spend one to two hours each day attending to each of these areas.”

Special Education Guide: What Special Education Administrators Do
Survey Says ...

- Strategic Planning
- Support and Service Implementation
- Business Considerations
So, what else do you do with your time?
No wonder you are tired!
- Work
- Everything Else
Wholehearted Living

Wholehearted living is about engaging in our lives from a place of worthiness. It means cultivating the courage, compassion, and connection to wake up in the morning and think, *No matter what gets done and how much is left undone, I am enough.* It’s going to bed at night thinking, *Yes, I am imperfect and vulnerable and sometimes afraid, but that doesn’t change the truth that I am also brave and worthy of love and belonging.*

Brené Brown
BRENE BROWN’S 10 GUIDEPOSTS FOR WHOLEHEARTED LIVING

1. Letting go of what other people think
2. Letting go of perfectionism
3. Letting go of numbing and powerlessness
4. Letting go of scarcity and fear of the dark
5. Letting go of the need for certainty
6. Letting go of comparison
7. Letting go of exhaustion as a status symbol and productivity as self-worth
8. Letting go of anxiety as a lifestyle
9. Letting go of self-doubt and “supposed-to”
10. Letting go of “cool” and always in control

READ MORE @ MINDFULAMBITION.NET/WHOLEHEARTED
Here’s what we said we would cover over the course of the year ...

- Understanding state and local priorities
- Leadership skill development including building strong relationships with others
- Communication skill development
- Effective strategic management skills including organizational skill/structures
- Fiscal management
- Laws regarding students with disabilities
- Serving students with disabilities in a remote learning environment
- Supporting students with disabilities in inclusive settings
- Emerging issues
In the chat box ...

- Are there specific “emerging issues or hot topics” that you would like addressed during the year?
Take a moment ... What are your next steps?

- A note to yourself

- A note in the chat box of a step you don’t mind sharing with others.
2020-21 meeting schedule

Zoom: 8:30 - 10:00 a.m.
✓ September 24
✓ October 29
✓ December 3
✓ January 14
✓ February 18
✓ March 25
✓ April 15
✓ May 13

In-person: 8:30 a.m. – 3:30 p.m.
✓ June 3