



What I Wish I Knew

As Early Career Special Education Director

Katie Howell



A little background...



A glass mug filled with a dark liquid, likely tea, sits on a dark, textured surface. Wisps of white steam rise from the surface of the liquid. The background is a soft, out-of-focus landscape bathed in the warm, golden light of a sunset or sunrise, with the sun itself visible as a bright, hazy orb in the upper center. The overall mood is peaceful and contemplative.

Find a Mentor



Know Your Resources

Set Healthy Boundaries





Connect with the Principals

Know the People





Listen

listen.

You're not in this alone.


Go play outside.

Ask for help.

Breathe.

Spend time with students.

Just a few more thoughts...

A dramatic landscape featuring dark, silhouetted mountains in the foreground and middle ground. The sky is filled with heavy, dark clouds, with a bright, glowing sunset or sunrise breaking through the clouds in the center, creating a warm orange and yellow light. The overall mood is powerful and contemplative.

The two most powerful
warriors are patience and time.

Leo Tolstoy